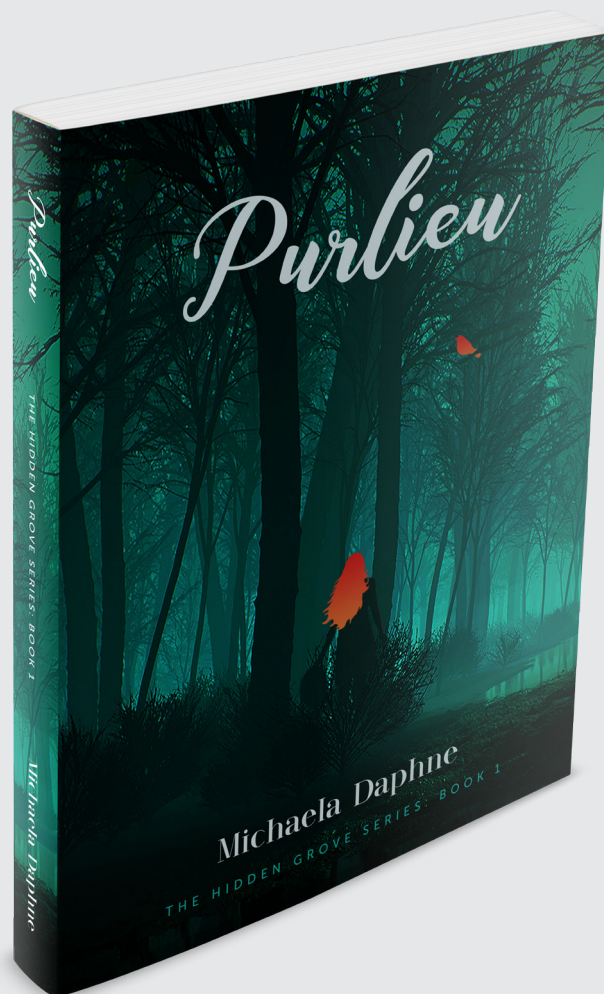


Michaela Daphne

Parents Guide to Reading Purlieu

Chapter Four



Chapter Four

Parents Guide to Reading Purlieu

Questions to Ask Yourself

- » Are there any strong male figures in my daughter's life that can tell her she is beautiful?
- » Does my daughter have outlets for her anger and frustrations with life (e.g. sport, good friendships, deep conversations in the family)
- » How does my daughter usually respond to adversity (e.g. run away, face and fight, give up and mope)?

Talking Points

- » If things got really bad, please know that I would do anything to help you. You're not alone.
- » Is there anything going on with your friends that an adult should know about?
- » Tell her you think she's beautiful/smart/worthy.

Additional Resources

- » Father's and Daughters by Madonna King
The importance the role a father plays in his daughter's life
- » Judi Light Hopson, Emma H. Hopson, R.N., and Ted Hagen, Ph.D., from McClatchy-Tribune News Service: Teenage girls desperately need father figures
- » Dr. Marika Lindholm from Working Mother: 15 Things You Should Not Say to Your Teenage Daughter