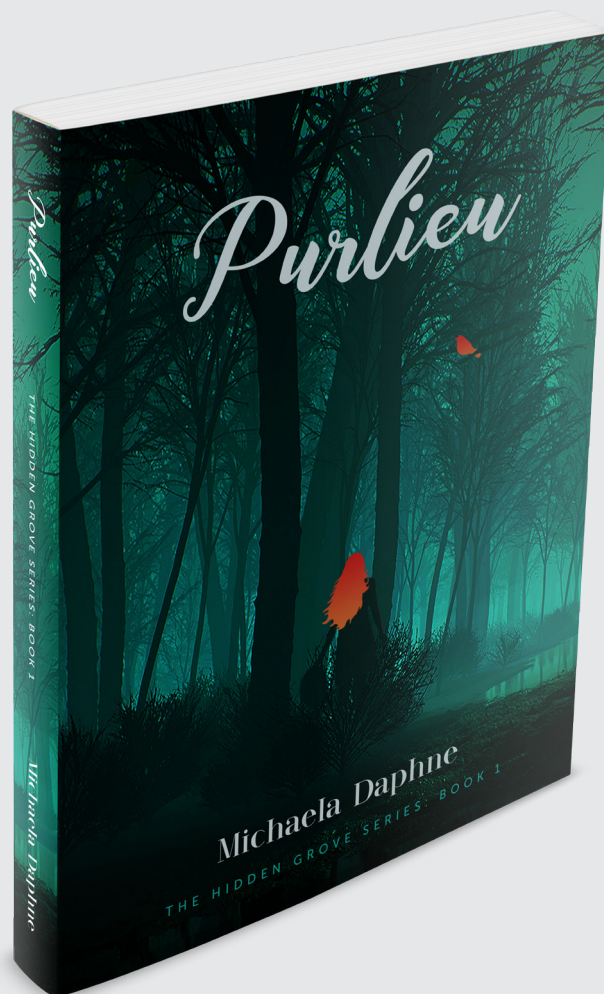


Michaela Daphne

Parents Guide to Reading Purlieu

Chapter One



Chapter One

Parents Guide to Reading Purlieu

Questions to Ask Yourself

- » Do I pounce on my daughter as soon as she gets home?
- » Do I give her enough freedom that she doesn't have to lie to me to do what she wants?
- » Do we have a relationship where she feels like she can be honest with me and share about her life?
- » Does she know that I will love and support her no matter what she does? How do I show her this?
- » Do I model honesty to her?

Talking Points

- » Do you feel like you could tell me anything and I would still love you? How can I prove this to you?
- » How can I love you in a way you would receive it? Does it make you feel loved when I:
 - › Hug you
 - › Leave notes in your lunchbox
 - › Do your chores for you
 - › Give you gifts
 - › When we spend time together

Additional Resources

- » Psychology Today: The Detachment Theory of Parenting Adolescents
- » Elite Daily: Why teenagers go looking for love in the wrong places
- » The List: Why women fall for the "wrong guys"
- » Business Insider: Love Bombing
- » Gary Chapman: The Five Love Languages of Teenager
Discover the way your daughter prefers to receive love from you