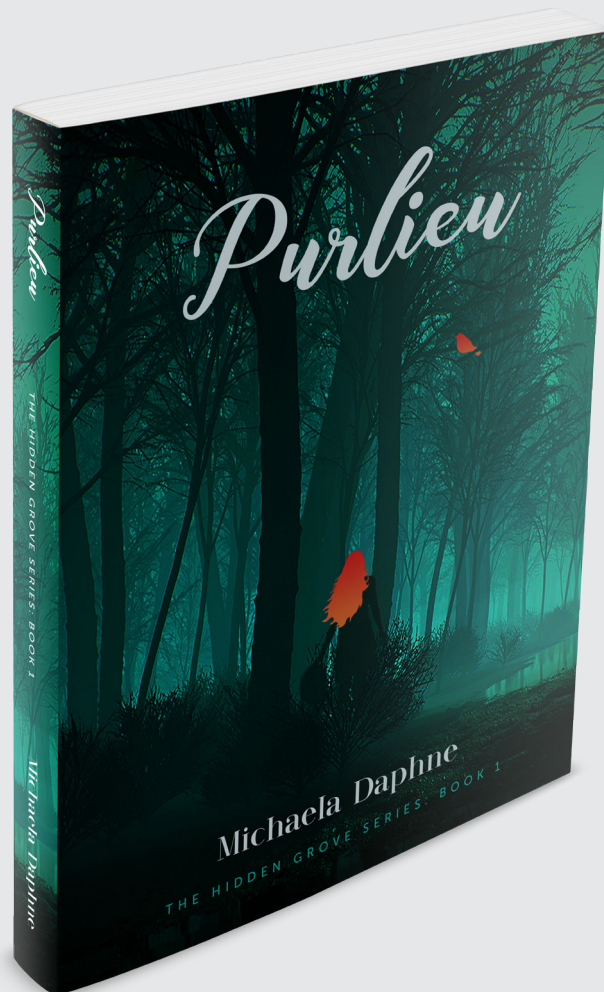


Michaela Daphne

Parents Guide to Reading Purlieu

Chapter Fifteen



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Questions to Ask Yourself

- » How can I better love my daughter - in ways that she will actually feel loved by me?
- » Do I show my daughter that I care about her in ways that she will believe it?

Talking Points

- » Ask your daughter if she has a community of people where she feels like she belongs
- » Reaffirm that no matter what happens in her life, no matter what she does, she will always have her family - that you will love her and fight for her, no matter what

Additional Resources

- » Bella Pope from Love Panky: I Just Want to be Loved
- » Department of Health & Human Services: Teenagers and Communication
How to better communicate with a teenager
- » Lisa Damour from The Globe and Mail: It's Not Just Hormones
How to relate to your daughter in ways she will appreciate
- » One Love: 11 Steps to Take If You Suspect Your Adult Child Is In An Unhealthy Relationship
- » Domestic Violence Resource Centre Victoria: For Families, Friends & Neighbours