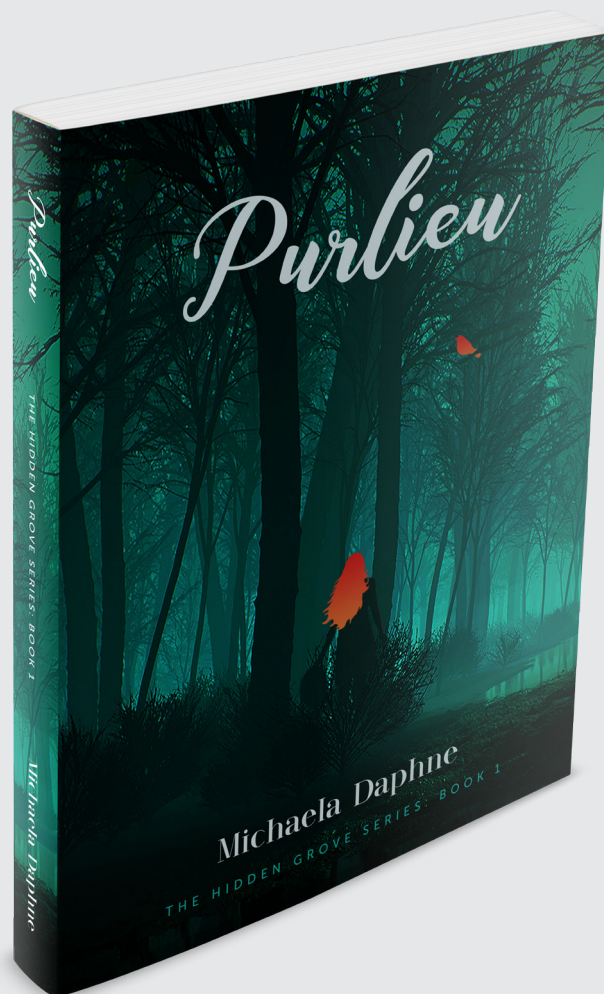


Michaela Daphne

Parents Guide to Reading Purlieu

Chapter Eleven



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Question to Ask Yourself

- » Has my daughter's behaviour changed drastically? Does she do things out of character? Has her value-set and goals suddenly changed?

This may not always be a cause for alarm as the teenage and young adult years are a transitional phase in her life but could be a sign of outside pressure to change

Talking Points

- » If you've noticed a drastic change in your daughter, consider mentioning it to her and see if she agrees
- » Is there anyone in your life who has broken your trust?

Additional Resources

- » Domestic Abuse Intervention Programs: Power and Control Wheel
Details the different ways an abuser controls their victim
- » Love is Respect: Get Help For Someone Else 'Help My Child'
How has your daughter changed?
- » Erin Goodhart from Time: How to Tell if Your Teen Daughters Relationship is Unhealthy
What behavioural changes you might notice in her